

## THE ULTIMATE WHEY PROTEIN





## Big Whey

Net Weight 1.8kg

oer tub

CHOCOLATE

TRAWBERRY

VANILLA

BANANA

MINT CHOCOLATE

1 High protein powder formula

- 2 Reduces muscle breakdown
- 3 Helps with growth and repair of muscle tissue
- 4 Aids gut function



**Nutritional Values Based on Banana Flavour** 

Reference intake of an average adult (8400kJ/2000 kcal)

Serving size: 1 scoop (30g)
Servings per container: 60

Typical Values	Per 100g	Per 30g (Per Serving)
Energy	1662kJ 393kcal	499kJ 118kcal
Fats	8.14g	2.44g
of which saturates	4.78g	1.44g
Carbohydrates	6.14g	1.84g
of which sugars	3.25g	0.98g
Protein (Dry basis)	77.38g	23.21g
Salt	0.49g	0.15g
Glutamic Acid	12.8g	3.84g
BCAA's	16.1g	4.83g















Protein Blend (Whey Protein Concentrate (MILK), Whey Protein Isolate (MILK), Hydrolysed Whey Protein (MILK)) (96.1%) Emulsifier (Sunflower Lecithin), Flavour, Thickener (Xanthan Gum), Sweeteners (Sucralose, Steviol Glycosides).

