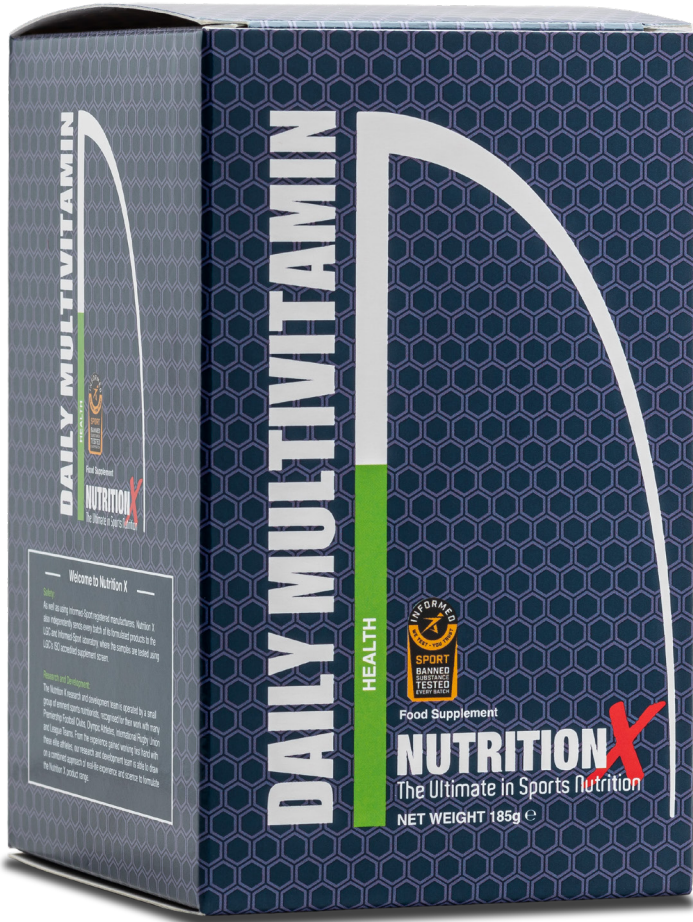




Daily Multivitamin

120 Tablets
per pack

UNFLAVOURED

- 1

Contains 100% NRV of key vitamins and minerals
- 2

Helps to keep micronutrient deficiencies at bay
- 3

Correct any potential deficiencies without risk of over-supplementation

Nutritional Values

Reference intake of an average adult (8400kJ/2000 kcal)

Serving size: 1 tablet per day

Typical Values	Mg/Tablet	NRV%
Magnesium as Bisglycinate	100mg	27%
Calcium as Carbonate	120mg	15%
Vitamin C (Asorbic Acid)	80mg	100%
Iron as Ferrous Fumarate	14mg	100%
Vitamin E (DL-Alpha-Tocopheryl Acetate)	12mg α-TE (17.88 IU)	100%
Vitamin B3 (Niacinamide)	16mg	100%
Manganese as Bisglycinate	2mg	100%
Zinc as Oxide	10mg	100%
Vitamin A (Retinyl Acetate)	2667IU/800µg RE	100%
Vitamin K2 MK7 (Menaquinone 7)	75µg	100%
Vitamin B5 (Calcium D-Pantothenate)	6mg	100%
Copper as Bisglycinate	1mg	100%
Vitamin D2 (Ergocalciferol)	200IU/5µg	100%
Vitamin B6 (Pyridoxine Hydrochloride)	1.4mg	100%
Vitamin B2 (Riboflavin)	1.4mg	100%
Vitamin B1 (Thiamine Mononitrate)	1.1mg	100%
Vitamin B12 (Cyanocobalamin)	2.5µg	100%
Chromium as Picolinate	30µg	75%
Vitamin B9 (Folic Acid)	200µg	100%
Iodine as Potassium Iodide	150µg	100%
Selenium as Sodium Selenite	55µg	100%
Molybdenum as Sodium Molybdate	45µg	90%
Vitamin B7 (Biotin)	50µg	100%

Directions and Usage:

Take 1 tablet per day

Ingredients

Magnesium Bisglycinate, Calcium Carbonate, Bulking Agents (Microcrystalline Cellulose, Dicalcium Phosphate), Vitamin C (Ascorbic Acid), Ferrous Fumarate, Vitamin E (DL-Alpha-Tocopheryl Acetate), Niacin (Niacinamide), Anti-Caking Agents (Magnesium Stearate, Silicon Dioxide), Manganese Bisglycinate, Zinc Oxide, Vitamin A (Retinyl Acetate), Vitamin K2 MK7 (Menaquinone 7), D-Calcium Pantothenate, Copper Bisglycinate, Vitamin D2 (Ergocalciferol), Vitamin B6 (Pyridoxine Hydrochloride), Riboflavin (Vitamin B2), Thiamine Mononitrate (Vitamin B1), Vitamin B12 (Cyanocobalamin), Chromium Picolinate, Folic Acid, Potassium Iodide, Sodium Selenite, Sodium Molybdate, Biotin (As D-Biotin).

HEALTH RANGE

V+

SUITABLE FOR VEGETARIANS & VEGANS

DAIRY FREE

NUT FREE

GLUTEN FREE

WHEAT FREE

